

IN THE NAME OF ALLAH, THE MOST GRACIOUS AND THE
MOST MERCIFUL.

SOUVENIR
2018

PRESENTED AT THE 38th
ANNUAL GENERAL BODY
MEETING



Patients' Welfare Association (Regd.)

“

YOU HAVE NOT LIVED UNTIL
YOU HAVE DONE SOMETHING
FOR SOMEONE WHO CAN
NEVER REPAY YOU.

- JOHN BUNYAN

”

EDITORIAL

At times we get so busy with our own lives that we have no time to think about the world around us, or more importantly, the people around us; leaving us with a sense of emptiness and nonfulfillment. Patients' Welfare Association not only serves the purpose of helping the less fortunate but it also helps bring meaning to the lives of our many volunteers.

Our association has stood the test of time, operating for decades with the sole motive of bettering the lives of our patients and others. Students from Dow Medical College have put their time and effort into this noble cause and as a result, it has grown bigger and better with the passage of time, standing as a testament to the fact that hard and honest work never goes unrewarded.

This souvenir serves the purpose of recognizing the efforts of our many heroes, who dedicated themselves to the service of others. Our volunteers and donors are the vital driving force behind this association's success, and without them, we would not be where we are today. With enough support and contribution, we hope to improve by the minute and continue to carry on till the end of time.



EDITORIAL

HELPING HANDS

Aqsa Jawed,
Aqsa Tariq,
Ariba Sultan,
Bang Jihyeon,
Bushra Perveen,
Dua Javed,
Faiza Ihsan,
Fatima Karrar,

Hafiz Abdullah,
Hooriya Waseem,
Kainat Mujtaba,
Khadija Ashraf,
Khushbakht Karrar,
Mahnoor Akhtar,
Meerab Fatima,
M. Darab Zaki Khan,

Muhammad Hassan,
M.Taha Tariq,
Nabeera Israr,
Nehal Rahim,
Owais Khan,
Raveen Farat,
Saiyeda Mahin Fatima,
Sakina Saeed,

Shadmah Khan,
Samar Akhtari,
Sharqa Firdous,
Syeda Umme Rubab,
Usama Idrees,
Uooja Vinod,
Zahabiyah Quaid,
Zain Ali Hashmi,
Zian Khan,

Executive Incharge: JAVEERIA MUNIR

Souvenir Incharge: AREEBA REHMAN

Editors: NOOR UL ILMA,
M.HADI,
LAYIBA MASROOR

Creative Hand: SAAD KHALID

Here are all the phone numbers & addresses you will need to know to contact our team:

Patients' Welfare Association

Dow Medical College & Dr. Ruth K.M. Pfau Civil Hospital, Karachi

G.P.O. Box 1314, Karachi.

Tel.: 021-99215740-45 (Ext. 5040 - 5044)

Direct Line: 021-32735214

E-mail: pwachk@yahoo.com

Contribute your piece of writing / advertising in the souvenir:

If you are a student of Dow Medical College and want to contribute your creative work, be it writing or drawing, you can E-mail us at pwachk@yahoo.com or contact PWA members at the office.

If you wish to advertise in the Souvenir, please E-mail us at pwachk@yahoo.com or you can contact PWA office

ZAKAT

BANK: MEEZAN BANK LTD
ACCOUNT NO: 0164-0102792513
SWIFT CODE: MEZANPKKA
IBAN: PK69MEZN0001640102792513

DONATION

BANK: MEEZAN BANK LTD
ACCOUNT NO: 0164-0102792531
SWIFT CODE: MEZANPKKA
IBAN: PK68MEZN0001640102792531

PROLOGUE

"If you want the world to take you seriously, be important.

If you want to be important, solve problems"

~Saidi M. Dala

Ruth K M Pfau Civil Hospital Karachi, the largest public-sector hospital of the city caters to hundreds of patients on a daily basis. These are the people who don't even have basic necessities of life, they struggle to make ends meet. To ease the pain and suffering, in 1979, three students of Dow Medical College joined hands and came up with the idea of providing medicines to the patients free of cost. And that is how PWA came into existence.

What started as a single cabinet of medicines has now become Pakistan's largest non-government, not political student run organization.

There have been many hurdles but Alhamdulillah PWA has stood the test of time and we pray that it continues to do so. May Allah help us in our endeavors and may we continue to serve with selflessness and dedication.

Ameen.

CONTENTS

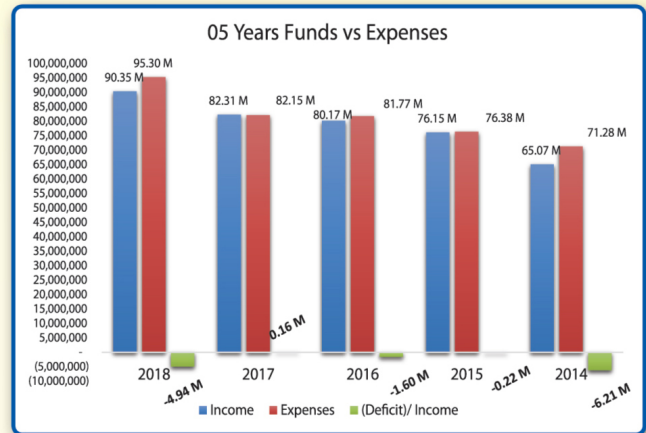
TREASURER'S REPORT	1
AUDITOR'S REPORT	3
ACKNOWLEDGEMENT 2017-2018	15
PWA AN INSIGHT	
AN INSIGHT INTO PWA	17
BLOOD TRANSFUSION SERVICES REPORT	18
DRUG BANK REPORT	21
THALASSEMIA SERVICES REPORT	23
ADMINISTRATION & PLANNING REPORT	25
RECORDS & REGISTRATIONS REPORT	28
پی ڈبلیو اے۔ ایک مختصر تعارف	54
MESSAGES	
PATRON- PATIENTS' WELFARE ASSOCIATION	29
PRESIDENT	30
SECRETARY- BOARD OF GOVERNOR	31
MEDICAL SUPERINTENDENT- CHK	32
PRINCIPAL- DOW MEDICAL COLLEGE	33
TEAM PWA	
PWA CABINET- 2017-2018	35
PWA CABINET- 2018-2019	36
BOARD OF GOVERNORS	38
LIFE MEMBERS	39
HONORARY MEMBERS	41
VOLUNTEERS' SECTION	
VOLUNTEERS' PERSPECTIVE	43
BLANK SLATE	47
MOTIVATION	48
TAKE THE LEAD	50
PURSUIT OF PEACE	51

Treasurer's Report

By the grace of Almighty Allah (SWT), Patients' Welfare Association here presents the audited reports for the fiscal year 2017-18.

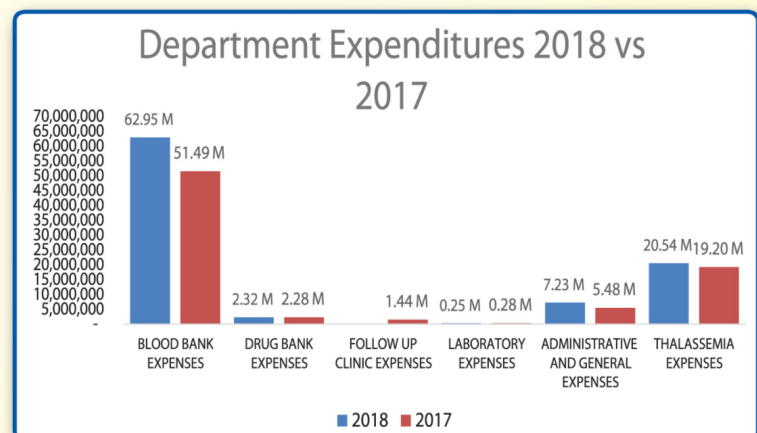
Over a period of four decades, PWA has grown to become an organization with annual expenses amounting to 95 million Rupees(PKR).

This year the expenses of our Blood transfusion services have reached around 70 million Rupees(PKR), whereas our Thalassemia services have incurred 20 million Rupees(PKR).

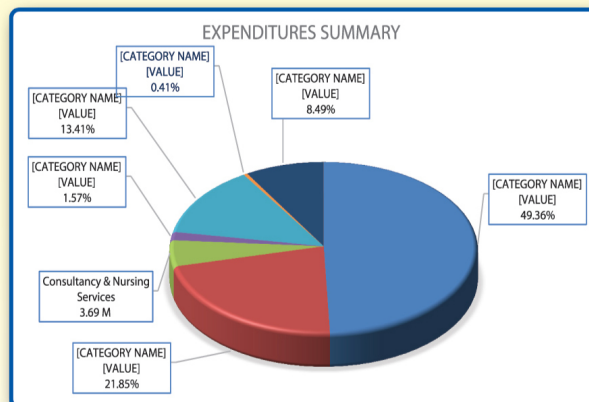


DEPARTMENT EXPENDITURE 2018 VS 2017

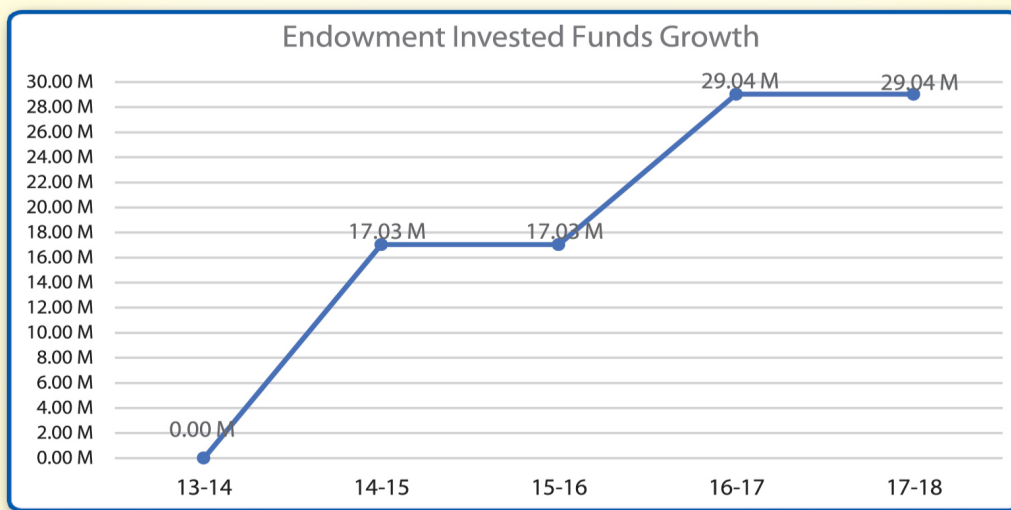
PWA has always focused on providing quality services to the Health sector, so in order to ensure smooth functioning of the organization, it has increased the staff for its Blood Bank. Also, two supporting departments have been established; the 'Human Resource Department' and the 'Resource Generation Department'. These departments have caused a marked rise in our salary expenses.



PWA is a Shariah Compliant organization with separate accounts of the ZAKAT and DONATION in Meezan Bank Ltd. We make sure that your zakat and donations are used in accordance with the Islamic rules and laws.



he Endowment fund was initiated in 2013 with the benevolent support of Dowites from the batch of 1988. The fund has grown with support of our donors and Dowites from batches of 2002 and 1987. The profit accumulated from this investment has been 1.7 Million Rupees(PKR) Alhamdulillah. Certain improvements regarding stabilized inflow of funds are being worked upon. PWA is looking for better avenues to invest the capital amount of endowment fund such that it can support one of our departments.



The detailed audited financial reports for the year are attached further which shows tremendous efforts of our volunteers and dedicated input of our staff members.

I thank all our donors and well-wishers for their support and belief in our organization. I hope that you continue to support PWA in its cause of serving the humanity

I would also thank our volunteers and staff members for their hard work.

May Allah (S.W.T). ease our path. Ameen!

2.7 Capitalization of reserve for capital expenditure

Donation for capital expenditure received for a particular fixed asset is recognized as Income when said asset is available for use .

2.8 Funds

Unrestricted funds

Unrestricted funds represents resources over which the association has discretionary control and are available for the various programs and administration of the association.

Restricted funds

Restricted funds represents resources subject to donor imposed restrictions.

Any surplus remaining in restricted funds is transferred to unrestricted funds, if permitted by the donors or agreement between the association and the donor(s).

	2018	2017
	----- Rupees -----	
3 FIXED ASSETS - At written down value		
Fixed assets - At written down value	<u>15,423,215</u>	<u>14,682,711</u>

Particulars	2018						Rate
	Written down value as at 1 July 2017	Additions during the year	(Deletions)	Total as at 30 June 2018	Adjustment	Depreciation charged for the year	
----- (Rupees) -----							
<i>Tangible assets</i>							
Blood bank - building and renovation	3,887,056	--	--	3,887,056	--	388,706	3,498,350 10%
Laboratory - building and renovation	1,588,830	--	--	1,588,830	--	158,883	1,429,947 10%
Blood bank equipment	6,843,308	2,072,258	(24,001)	8,891,565	--	814,173	8,077,392 10%
Laboratory equipment	1,088,512	176,098	(189,938)	1,074,672	--	112,759	961,913 10%
Drug bank fittings	143,656	19,390	(21,695)	141,351	--	13,325	128,026 10%
Office equipment	611,339	310,633	(4,757)	917,215	--	76,374	840,841 10%
Vehicle	27,672	--	--	27,672	--	2,767	24,905 10%
Thalassemia Day Care Centre	486,990	20,063	--	507,053	--	49,490	457,563 10%
<i>Intangible asset</i>							
Software	5,348	--	--	5,348	--	1,070	4,278 20%
Total 2018	14,682,711	2,598,442	(240,391)	17,040,762	--	1,617,547	15,423,215
Total 2017	15,304,658	1,070,435	(130,956)	16,244,137	--	1,561,426	14,682,711

	2018	2017
	----- Rupees -----	
4 INVESTMENT	<u>29,036,800</u>	<u>29,036,800</u>

4.1 This amount represents investment of endowment fund made in Meezan Amdan Certificates. The range of rates of profits on these term deposits is between 5.97% and 5.99% (2017: 5.97% and 5.99%) per annum.

5 STOCK

Reagent and antisera kits	1,306,788	1,519,721
Medicines and injections	1,033,741	2,108,158
Blood bags	257,600	1,329,720
	<u>2,598,129</u>	<u>4,957,599</u>

M. Ali Page 2 of 6

INDEPENDENT AUDITOR'S REPORT TO THE ASSOCIATION

Opinion

We have audited the financial statements of **PATIENTS' WELFARE ASSOCIATION (DOW MEDICAL COLLEGE & CIVIL HOSPITAL), KARACHI** (the Association) which comprise the statement of financial position as at 30 June 2018 and the statement of income and expenditure account, statement of cash flows and statement of changes in funds for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements gives a true and fair view of the financial position of the Association as at 30 June 2018, and its financial performance and its cash flows for the year then ended in accordance with Accounting Standard for Not for Profit Organisations (NPOs) as issued by the Institute of Chartered Accountants of Pakistan (ICAP).

Basis for Opinion

We conducted our audit in accordance with the International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Association in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

The Association is responsible for the preparation and fair presentation of the financial statements in accordance with the approved accounting and reporting standards as applicable in Pakistan, and for such internal control as the Association determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Association is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Association financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.



As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern, if we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



CHARTERED ACCOUNTANTS
Engagement Partner: Fasih-uz-Zaman

Place: Karachi

Dated: 17 JAN 2019

**PATIENTS' WELFARE ASSOCIATION
(DOW MEDICAL COLLEGE & CIVIL HOSPITAL)
STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2018**

	Notes	2018	2017
		----- (Rupees) -----	
<u>ASSETS</u>			
NON-CURRENT ASSETS			
Fixed assets - At written down value	3	15,423,215	14,682,711
Investment	4	29,036,800	29,036,800
CURRENT ASSETS			
Stock	5	2,598,129	4,957,599
Loans, advances and prepayments	6	772,674	561,423
Security deposit	7	14,500	15,500
Cash and bank balances	8	36,060,941	53,803,164
		39,446,244	59,337,686
		83,906,259	103,057,197
<u>FUNDS AND LIABILITIES</u>			
FUNDS			
Restricted funds	9	26,469,508	42,777,159
Unrestricted funds	10	20,688,811	9,262,398
		47,158,319	52,039,557
CURRENT LIABILITIES			
Suppliers' bills payable	11	36,092,523	50,361,327
Accrued and other liabilities		655,417	656,313
		36,747,940	51,017,640
		83,906,259	103,057,197

The annexed notes form an integral part of these financial statements.

Shindhi Anwar

PATRON

Darab

PRESIDENT

**PATIENTS' WELFARE ASSOCIATION
(DOW MEDICAL COLLEGE & CIVIL HOSPITAL)
STATEMENT OF INCOME AND EXPENDITURE FOR THE YEAR ENDED 30 JUNE 2018**

	Notes	2018 ----- (Rupees) -----	2017 -----
INCOME	12	86,184,538	78,782,303
EXPENDITURE			
Blood bank expenses	13	62,947,609	51,487,780
Drug bank expenses	14	2,321,917	2,278,088
Follow up clinic expenses	15	--	1,443,841
Laboratory expenses	16	246,696	277,802
Administrative and general expenses	17	7,225,887	5,477,730
Legal and professional charges	18	140,600	270,413
Depreciation	3	1,568,057	1,508,482
Finance cost		20,490	79,457
Other expenses	19	171,392	127,956
		74,642,648	62,951,549
Surplus of income over expenditure		11,541,890	15,830,754
(Deficit) of income over expenditure on thalassemia services	20	(16,423,128)	(15,673,963)
(Deficit) / surplus of income over expenditure		(4,881,238)	156,791

The annexed notes form an integral part of these financial statements.

Zehinudin Dawwal

PATRON

Darab

PRESIDENT

**PATIENTS' WELFARE ASSOCIATION
(DOW MEDICAL COLLEGE & CIVIL HOSPITAL)
STATEMENT OF CHANGES IN FUNDS FOR THE YEAR ENDED 30 JUNE 2018**

	Restricted funds		Unrestricted funds		Total
	Funds for Capital Expenditures	Endowment Fund	General Funds	Accumulated Funds	
	----- (Rupees) -----				
Balance as at 1 July 2016	16,749,949	16,469,508	2,569,997	9,105,607	44,895,061
Contributions / exchange gain or (loss)	(442,298)	10,000,000	--	--	9,557,702
Funds amortized	--	--	(2,569,997)	--	(2,569,997)
Net surplus for 30 June 2017	--	--	--	156,791	156,791
Balance as at 30 June 2017	16,307,651	26,469,508	--	9,262,398	52,039,557
Funds transferred	(16,307,651)	--	16,307,651	--	--
Net (deficit) for 30 June 2018	--	--	--	(4,881,238)	(4,881,238)
Balance as at 30 June 2018	--	26,469,508	16,307,651	4,381,160	47,158,319

The annexed notes form an integral part of these financial statements.

Handwritten signature

Handwritten signature of Patron

PATRON

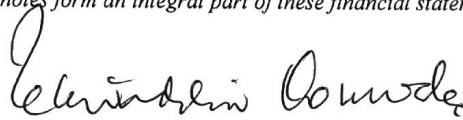
Handwritten signature of President

PRESIDENT

**PATIENTS' WELFARE ASSOCIATION
(DOW MEDICAL COLLEGE & CIVIL HOSPITAL)
STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2018**

	Notes	2018	2017
		----- (Rupees) -----	
CASH FLOWS FROM OPERATING ACTIVITIES			
Operating (deficit) / surplus		(4,881,238)	156,791
<i>Adjustment of non-cash items:</i>			
Depreciation	3	1,617,547	1,561,426
Amortization of funds	10.1	--	(2,569,997)
Loss on disposal of fixed assets	19	171,392	127,956
Exchange gain		(884,038)	(770,876)
		(3,976,337)	(1,494,700)
Change in Working Capital			
<i>(Increase) / decrease in current assets</i>			
Stock		2,359,470	1,560,132
Loans, advances and prepayments		(84,143)	172,766
Security deposit		1,000	(3,000)
<i>Increase / (decrease) in current liabilities</i>			
Suppliers' bills payable		(13,384,766)	7,097,548
Accrued and other liabilities		(896)	(71,040)
		(11,109,335)	8,756,406
Cash generated from operations		(15,085,672)	7,261,706
Payments for:			
Income tax		(127,108)	(143,709)
Net cash generated from operating activities		(15,212,780)	7,117,997
CASH FLOW FROM INVESTING ACTIVITIES			
Fixed capital expenditure	3	(2,598,442)	(1,070,435)
Proceeds from sale of Fixed assets		68,999	3,000
Investment		--	(12,004,900)
Net cash (outflow) from investing activities		(2,529,443)	(13,072,335)
CASH FLOW FROM FINANCING ACTIVITIES			
Endowment fund received		--	10,000,000
Net cash inflow from financing activities		--	10,000,000
Net increase in cash and cash equivalent		(17,742,223)	4,045,662
Cash and cash equivalents at the beginning of the year		53,803,164	49,757,502
Cash and cash equivalents at the end of the year		36,060,941	53,803,164

The annexed notes form an integral part of these financial statements.



PATRON



PRESIDENT

**PATIENTS' WELFARE ASSOCIATION
(DOW MEDICAL COLLEGE & CIVIL HOSPITAL)
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018**

1 STATUS AND NATURE OF OPERATIONS

Patients' Welfare Association (the Association) is a Social Welfare Organization carrying out welfare activities at Civil Hospital, Karachi. The Association was established in the year 1979. It is registered under Voluntary Social Welfare Agencies (registration and Control) Ordinance, 1961 with Director of Social Welfare Govt. of Sindh vide Reg. DSW(S)/399 of 1981 dated 31 December 1981.

2 SIGNIFICANT ACCOUNTING POLICIES

2.1 Accounting system and convention

The management of association has decided to adopt accrual basis of accounting for preparation of financial statements with effect from the year ended 30 June 2003.

These accounts have been prepared under historical cost convention except as disclosed in the accounting policies herein below.

2.2 Functional and presentation currency

Items included in the financial statements are measured using the currency of primary economic environment in which the Association operates. The financial statements are presented in Pak Rupees, which is the Association's functional and presentation currency.

2.3 Foreign currency translation

Foreign currency transactions are translated into Pak Rupees using the exchange rates prevailing at the dates of the transactions. Assets and liabilities in foreign currencies are translated at the rate of exchange prevailing at the balance sheet date. Exchange gains and losses are recognised in the income and expenditure account.

2.4 Property, plant and equipment

Items of property, plant and equipment are stated at written down value. Depreciation charge is based on the reducing balance method at the rates specified in note 3 to the financial statements. Depreciation on additions is charged from the month the asset is put into use, while on disposals, depreciation is charged up to the month the asset was in use.

Normal repairs and maintenance are charged to income as and when incurred. Major renewals and replacements are capitalized and the assets so replaced, if any, are retired.

Gains or losses on sale of fixed assets are included in income currently.

2.5 Stock

Stock held (including stock in transit) is valued at cost.

Donation in kinds are recorded at their fair value at the date of donation.

2.6 Revenue recognition

Donations & Grants either in cash or in kind are recorded on receipts basis. All contributions are considered to be available for unrestricted use unless specifically restricted by the donor.

Handwritten signature

	2018	2017
	----- Rupees -----	
6 LOANS, ADVANCES AND PREPAYMENTS		
Income tax withheld at source	538,029	410,921
Advance to suppliers	166,823	--
Prepayments	32,300	32,300
Loan and advances to staff	22,502	118,002
Advance against expenses	13,020	200
	<u>772,674</u>	<u>561,423</u>
7 SECURITY DEPOSIT		
Deposit against drinking water supply	<u>14,500</u>	<u>15,500</u>
8 CASH AND BANK BALANCES		
Cash in hand	87,318	10,897
Cash at bank		
- Local currency accounts	35,830,331	31,696,039
- Foreign currency account	143,292	22,096,228
	<u>36,060,941</u>	<u>53,803,164</u>
9 RESTRICTED FUNDS		
Funds for capital expenditures	9.1	--
Endowment fund	9.2	16,307,651
	<u>26,469,508</u>	<u>26,469,508</u>
	<u>26,469,508</u>	<u>42,777,159</u>
9.1 Funds for capital expenditure		
Opening balance	16,307,651	16,749,949
Received during the year	9.1.1	--
	<u>16,307,651</u>	<u>16,749,949</u>
Transferred to general fund	(16,307,651)	--
Exchange (loss) / gain	--	(442,298)
	<u>--</u>	<u>16,307,651</u>
9.1.1 These funds were received for up-gradation of blood screening technology and other projects, the amount has been deposited in foreign currency account.		
9.2 Endowment fund		
Opening Balance	26,469,508	16,469,508
Received during the year	--	10,000,000
	<u>26,469,508</u>	<u>26,469,508</u>
This fund was received as endowment fund and has been invested under the scheme of Meezan Armdan Certificates as mentioned in note 4.1 by executive board of PWA and will not be utilized. However, the profits generated from this investment will be used for the services provided by PWA or can be reinvested.		
10 UNRESTRICTED FUNDS		
Accumulated funds	4,381,160	9,262,398
General funds	10.1	16,307,651
	<u>20,688,811</u>	<u>9,262,398</u>

M. H. S.

		2018	2017
		----- Rupees -----	
10.1 General funds			
Opening balance		--	2,569,997
Transferred from restricted fund		16,307,651	--
Amortized during the year		--	(2,569,997)
		<u>16,307,651</u>	<u>--</u>
11 SUPPLIERS' BILLS PAYABLE			
Reagent / Anti Sera (Blood Bank)		35,158,648	48,944,920
Medicine and injection		875,253	1,350,765
Reagent / Anti Sera (Diagnostic Laboratory)		58,622	65,642
		<u>36,092,523</u>	<u>50,361,327</u>
12 INCOME			
Donation	12.1	83,415,062	74,144,177
Other income	12.2	2,769,476	4,638,126
		<u>86,184,538</u>	<u>78,782,303</u>
12.1 Donation			
Zakat		51,940,715	56,892,656
Donation		18,553,102	13,589,171
Donation in kind	12.1.1	12,921,245	3,662,350
		<u>83,415,062</u>	<u>74,144,177</u>
12.1.1 It includes government donation amounting to Rs. 619,900/- (2017 : Rs.1,875,000/-)			
12.2 Other income			
Profit		1,776,408	1,207,863
Exchange gain		884,038	770,876
Souvenir		109,030	89,390
Amortised funds		--	2,569,997
		<u>2,769,476</u>	<u>4,638,126</u>
13 BLOOD BANK EXPENSES			
Reagent and antisera consumed		37,067,665	35,171,011
Salaries and allowances		16,412,588	14,748,493
Blood Bags	13.1	8,289,845	497,284
Printing and stationery		744,299	578,410
Repair and maintenance		394,532	487,789
Miscellaneous		38,680	4,793
		<u>62,947,609</u>	<u>51,487,780</u>

13.1 This represents consumption of blood bags received as donation in kind from Civil Hospital Karachi.

M. H. Khan

	2018	2017
	----- Rupees -----	
14 DRUG BANK EXPENSES		
Medicine and injection	1,659,250	1,574,523
Salaries and allowances	645,037	683,557
Printing and stationery	10,350	13,513
Repair and maintenance	7,280	6,495
	<u>2,321,917</u>	<u>2,278,088</u>
15 FOLLOW UP CLINIC EXPENSES		
Salaries and allowances	--	90,000
Medicine and injection	--	1,353,841
	<u>--</u>	<u>1,443,841</u>
16 LABORATORY EXPENSES		
Salaries and allowances	207,676	45,709
Repair and maintenance	29,420	129,840
Reagent / antisera	9,000	63,183
Printing and stationery	600	39,070
	<u>246,696</u>	<u>277,802</u>
17 ADMINISTRATIVE AND GENERAL EXPENSES		
Salaries and allowances	5,222,524	3,364,587
Advertisement for donation	878,374	706,235
Repair and maintenance	579,351	777,356
Water expense	139,376	140,960
Security service	111,401	205,239
Printing and stationery	94,137	70,806
Conveyance expense	86,600	55,181
Telephone expenses	82,324	93,565
Miscellaneous	30,900	63,581
Postage	900	220
	<u>7,225,887</u>	<u>5,477,730</u>
18 LEGAL AND PROFESSIONAL CHARGES		
Fees and subscription	80,050	150,608
Audit fee	50,000	50,000
Accountancy services	10,550	69,805
	<u>140,600</u>	<u>270,413</u>
19 OTHER EXPENSE		
Loss on disposal of fixed assets	<u>171,392</u>	<u>127,956</u>

GA/RLO

20 (DEFICIT) OF INCOME OVER EXPENDITURE ON THALASSEMIA SERVICES

The Health Department, Government of Sindh (HDS) has provided necessary equipment to the association in respect of Thalassaemia Day-care Centre (TDC) in terms a memorandum of understanding executed between HDS and association. The association is responsible for operations of TDC. The income and expenditure relating to TDC is as follows:

		2018	2017
		----- Rupees -----	
Income	20.1	4,166,203	3,522,800
Expenditure	20.2	(20,589,331)	(19,196,763)
		<u>(16,423,128)</u>	<u>(15,673,963)</u>
20.1 Income			
Zakat		3,599,203	3,030,300
Donation		567,000	492,500
		<u>4,166,203</u>	<u>3,522,800</u>
20.2 Expenditure			
Medicine and injection		10,070,465	10,168,595
TDC blood consumption		6,372,861	5,144,466
Salaries and allowances		3,692,600	3,423,204
Diagnostic lab expense		309,355	288,412
Depreciation	3	49,490	52,944
Infusion / Transfusion set		47,250	43,500
Repair and maintenance		28,840	37,594
Printing and stationery		11,990	21,178
Miscellaneous		6,480	16,870
		<u>20,589,331</u>	<u>19,196,763</u>

21 CORRESPONDING FIGURES

The corresponding figures have been reclassified and rearranged wherever necessary to facilitate comparison, however there have been no significant reclassifications.

22 DATE OF AUTHORISATION


These financial statements were authorised for issue on 17 JAN 2019 by the General Body of the Association.

23 GENERAL

Figures have been rounded off to the nearest rupee.



PATRON


Darab
17th - January 2019.

PRESIDENT

ACKNOWLEDGMENT

1	Aamir Jan Muhammad	31	Farkhanda Anwar
2	Abdul Ghaffar Bhadana	32	Farooq Ahmed
3	Abdul Ghaffar Qureshi	33	Fauzia Minhah
4	Abdul Jaleel	34	Fazal Ghaffar
5	Abdul Wahab	35	Fazal Hussain
6	Abdullah	36	Feroz 1888 Mills Ltd.
7	Abid Danish	37	Firozuddin Cassim
8	Aftab Diwan	38	Ghazanfar Hussain
9	Ahmed Moinuddin	39	H & H Exchange
10	Ahmed Tahir (Waleed P/F)	40	Haji Zameer Ahmed
11	Al Baraka Bank- Mrs.Rahila Esmail	41	Heal International
12	Al-Badar Welfare Trust	42	Hilton Pharma
13	Al-Karam Towel Industries	43	I. Haq
14	AL-Meezan Investment Management	44	Infaq Foundation
15	Amir Nazir Chudhry	45	Jamshed Akhter Danish
16	Anwar Zaheer Jamali	46	Kamran Akram Bakhshi
17	Ashfaq	47	Karachi Cambridge School
18	Ashraf	48	Kashif Anwer
19	Babar Tyre Corporation	49	Kausar Jahan Siddiqui
20	Becon Light Academy	50	Khalid Ali Khan
21	CDC Pakistan	51	Khurram Ali Khan
22	Dowites 2002	52	Komal Anwer
23	Dr. Hanif Chatni	53	M. Amin Dosani
24	Dr. Harith Hilal Qureshi	54	M. Saleem
25	Dr. Raeefuddin Ahmed	55	M.A. Shakeel
26	Dr. Soofia Nigar	56	M.Raees Paracha
27	Dr. Yasmin Hassan	57	M.Saleem Chappra
28	Ejaz Ahmed Pasha	58	Maimoona Bai
29	Faresa Ahsan	59	Meat World (Pvt) Ltd
30	Farhat Jaleel	60	Mehran Progressive Dist. (Pvt) Ltd.

ACKNOWLEDGMENT

- | | | | |
|----|---------------------------------|-----|----------------------------|
| 61 | Masood Ahmed Khawaja | 90 | S.M. Tariq |
| 62 | Moiz Sadiq | 91 | S.Mohammad Pervez |
| 63 | Anwar Gopalani | 92 | Saad Faridi |
| 64 | Hashim Vayani | 93 | Sahir Danyal Farooq |
| 65 | Junaid | 94 | Saira Hasan |
| 66 | Umer Lodhi | 95 | Salahuddin Ahmed |
| 67 | Mrs. Khursheed Abdul Sattar | 96 | Salim Kasmani Securities |
| 68 | Muhammad Amin Memon | 97 | Sartaj Ahmed Khan |
| 69 | Muhammad Asad Waheed | 98 | Sattar Electronics |
| 70 | Muhammad Jameel | 99 | Sh. Ali Ahmed |
| 71 | Muhammad Rafiq | 100 | Shahab Rasheed |
| 72 | Muhammad Suleman | 101 | Shahid Shafi |
| 73 | Naeem Sahab | 102 | Shaikh Khursheed Ahmed |
| 74 | Naeem Shahab Khan | 103 | Shaikh Sultan Ahmed |
| 75 | Nafees Khan | 104 | Shehla Kashif |
| 76 | Naseem Anwer | 105 | Shujauddin & Brothers |
| 77 | Nazeer Chaudhary | 106 | Siddique Sheikh |
| 78 | Nusrat Pervez | 107 | Syed Anis Ahmed |
| 79 | Office Counter Donation Box | 108 | Syed Imran Ali |
| 80 | Binori Town | 109 | Syed Javaid Abdullah |
| 81 | Qaiseruddin siddiqui | 110 | Syed Mohd. Qasim Kazmi |
| 82 | Rabia Ghayur | 111 | Tariq Masood |
| 83 | Rafique Bhimjee & Naila Bhimjee | 112 | Tariq Shafi |
| 84 | Rashida Amin | 113 | Tauqeer Ehsan Rana |
| 85 | Riffat Jaleel | 114 | Tehmina Zahir |
| 86 | Roshan Amin Tai | 115 | TPL Insurance |
| 87 | S. M. Pervaiz | 116 | Waris Sharif Family |
| 88 | S. M. Tariq | 117 | Zahid Ahmed & Khalid Ahmed |
| 89 | S.M. Raffay | 118 | M/s. Farooq Ali and Co. |

PWA AN INSIGHT



PWA-AN INSIGHT

Nothing brings more happiness than being able to help the less-privileged people in the society. This is the aim of the organization known as Patients' Welfare Association which was founded by the students of Dow Medical College Karachi back in 1979. The main purpose of this association is to facilitate the patients of Civil Hospital Karachi and beyond. PWA is situated in Civil Hospital Karachi and for the past forty years it has been run entirely by the students of Dow Medical College. It provides the following services to the patients of Ruth Pfau Civil Hospital, Karachi.

BLOOD TRANSFUSION SERVICES:

The Blood Bank was established in 1982 and it is registered by the Sindh Blood Transfusion Authority (SBTA). More than 280 units of packed cells, fresh frozen plasma and mega units of platelets are dispatched daily on exchange basis or free of cost. PWA ensures provision of disease free blood through its advanced screening technology CLIA, which screens the blood for HIV, Hepatitis B, Hepatitis C, Syphilis and Malaria to ensure the health of all recipients.

THALASSEMIA SERVICES:

Thalassemia is a blood disorder which a child can inherit from his parents. Children who have this disease need medicines as well as blood transfusions on a regular basis. The department of Thalassemia services was established in May 2011 and it provides screened blood as well as required medications to more than 250 patients, under the supervision of a qualified hematologist completely free of cost.

It is because of the endless support of well-wishers that we have come this far. We hope to achieve greater heights and be able to help even more people than before in the coming years.

BLOOD TRANSFUSION SERVICES

Over 40 years of its legacy, the department of Blood Transfusion Services has proved to be one of the integral and elemental services provided by PWA on volunteer basis. PWA Voluntary Blood Bank is registered by the Sindh Blood Transfusion Authority (SBTA), and has been catering to more than 280 requests per day throughout the city, ensuring provision of safe blood to the patients on exchange basis and from voluntary blood donation, completely FREE OF COST.

From its inception, it has become the largest single outlet blood bank providing component therapy. This is done in three forms namely, packed cells, platelets and fresh frozen plasma. Before dispatching, each blood bag is screened by Chemiluminescent Immunoassay (CLIA) making every single bag safe to dispatch. In this methodology, every pint of blood goes through a vigilant process of screening for HIV 1 and HIV 2, Hepatitis B and C, Malaria and Syphilis in correspondence with the WHO guidelines.

PWA has always aspired for the provision of high quality and disease-free blood to the needy and has strived for this cause in every way possible. PWA volunteers try to spread awareness about voluntary blood donations. For this purpose, voluntary blood camps and awareness sessions are conducted throughout the year at various colleges, universities and institutions.

PWA is highly thankful for all your benefaction in the form of donations, both blood and monetary. We would have never been able to attain such landmarks if it had not been for your immeasurable support.

Vice President

Blood Transfusion Services

**PATIENTS' WELFARE ASSOCIATION
COMPUTATION OF INPUT AND OUTPUT REPORT
FROM JULY 2017 TO JUNE 2018**

Months	INPUT			OUTPUT						Total
	Double Bags	Triple Bags	Total	Plasma	Exchange	Packed Cells Free	Thalassemia	Platelets		
Jul-17	6,362	1,549	7,911	1,568	3,997	1,557	942	921	8,985	
Aug-17	6,114	1,431	7,545	1,614	3,919	1,707	1,011	1,201	9,452	
Sep-17	5,468	1,342	6,810	1,360	3,479	1,754	993	1,016	8,602	
Oct-17	5,588	1,499	7,087	1,362	3,536	1,809	1,106	1,086	8,899	
Nov-17	5,222	1,473	6,695	1,320	3,406	1,444	1,095	1,064	8,329	
Dec-17	5,153	1,263	6,416	1,073	3,366	1,262	1,043	872	7,616	
Jan-18	5,702	1,310	7,012	1,487	3,612	1,188	1,268	826	8,381	
Feb-18	4,840	1,083	5,923	1,348	3,033	979	1,124	768	7,252	
Mar-18	5,261	1,374	6,635	1,605	3,287	1,058	1,228	769	7,947	
Apr-18	5,555	1,420	6,975	1,308	3,516	966	1,222	787	7,799	
May-18	5,334	1,309	6,643	1,505	3,562	1,302	1,308	813	8,490	
Jun-18	4,740	1,194	5,934	1,257	3,029	997	1,152	692	7,127	
TOTAL	65,339	16,247	81,586	16,807	41,742	16,023	13,492	10,815	98,879	

PATIENTS' WELFARE ASSOCIATION
VOLUNTARY BLOOD BANK
SEROLOGICAL REPORT FROM JULYN 2017 TO JUNE 2018

Month	Hepatitis B			Hepatitis C			HIV			Syphilis			Malaria Parasite		
	REAC-TIVE	NON REAC-TIVE	TOTAL	REAC-TIVE	NON REAC-TIVE	TOTAL	REAC-TIVE	NON REAC-TIVE	TOTAL	REAC-TIVE	NON REAC-TIVE	TOTAL	REAC-TIVE	NON REAC-TIVE	TOTAL
JUL	199	7712	7911	305	7606	7911	41	7870	7911	201	7710	7911	6	7905	7911
AUG	183	7362	7545	266	7279	7545	40	7505	7545	189	7356	7545	15	7530	7545
SEP	197	6613	6810	269	6541	6810	33	6777	6810	190	6620	6810	7	6803	6810
OCT	174	6913	7087	228	6859	7087	11	7076	7087	108	6979	7087	7	7080	7087
NOV	182	6513	6695	273	6422	6695	7	6688	6695	157	6538	6695	12	6683	6695
DEC	179	6237	6416	260	6156	6416	31	6385	6416	178	6238	6416	11	6405	6416
JAN	215	6797	7012	273	6739	7012	30	6982	7012	166	6846	7012	8	7004	7012
FEB	155	5768	5923	211	5712	5923	25	5898	5923	164	5759	5923	9	5914	5923
MAR	225	6410	6635	257	6378	6635	26	6609	6635	209	6426	6635	15	6620	6635
APR	201	6774	6975	242	6733	6975	35	6940	6975	256	6719	6975	8	6967	6975
MAY	209	6434	6643	225	6418	6643	27	6616	6643	271	6372	6643	12	6631	6643
JUN	162	5772	5934	234	5700	5934	26	5908	5934	233	5701	5934	12	5922	5934
TOTAL	2,281	79,305	81,586	3,043	78,543	81,586	332	81,254	81,586	2,322	79,264	81,586	122	81,464	81586

DRUG BANK

"A journey of a thousand miles begins with a single step"
(Confucius)

A single step was taken in 1979 by three enthusiastic volunteers, who started the drug bank with a single cabinet of medicine. Over the course of 4 decades, it became a full-fledged functioning pharmacy.

Since 1979 this drug bank has served the patients of Civil Hospital. This year the drug bank catered to 5247 requests from patients, spending a total of PKR 1,700,933.

After observing that the patients' requirement for medicines is now being fulfilled by Ruth Pfau CHK and other local purchasers, we decided to close our Drug Bank and focus entirely on our Thalassemia patients and provide them with the best facilities.

We are deeply grateful to our donors, philanthropists and all the well-wishers of PWA. We urge them to keep supporting us. I would like to request you all to join hands in our cause of serving humanity and help us achieve our goal of a healthier community.

**Vice President
Drug Bank**

**PATIENTS' WELFARE ASSOCIATION
DRUG BANK REPORT
FROM JULY 2017 TO JUNE 2018**

MONTHS	PATIENTS	EXPENDITURE
		(Rs.)
JULY	499	168,925
AUGUST	614	130,303
SEPTEMBER	500	129,908
OCTOBER	510	144,520
NOVEMBER	327	118,173
DECEMBER	293	113,059
JANUARY	494	145,201
FEBRUARY	413	137,751
MARCH	398	139,887
APRIL	374	106,349
MAY	507	237,672
JUNE	322	135,460
TOTAL	5251	1,707,208

THALASSEMIA REPORT

The department of Thalassemia Services emerged as a ray of hope for many parents who had to watch their children die from Thalassemia, an inherited disorder of the blood. PWA Thalassemia Day Care Center was inaugurated in 2011 as a "Public Private Partnership" between PWA and Government of Sindh.

In a short period of time, TDC became one of the major departments of PWA, currently serving around 260 registered patients. Regular blood transfusions along with Iron Chelation Therapy and laboratory investigations are provided completely free of cost under the supervision of qualified consultant hematologist, medical officer and trained nurses.

PWA Thalassemia Services runs a year-round SAT (Sponsor A Thalassemic) Campaign in which our donors come forward to hold the hand of a thalassemia patient and bear the cost of their treatment. The sponsorship costs around Rs.3,00,000 - 5,00,000 per patient annually.

We request that our donors, helpers and well-wishers continue to support us in the future also. May Allah help us and ease our path in serving the suffering humanity.

**Vice President
Thalassemia**

PATIENTS' WELFARE ASSOCIATION
Thalassemia Report
From July 2017 to June 2018

Month	Total Blood	Blood Consumption	Total CBC	Diag. Lab (TDC CBC) Expenses	Infusion Nos.	Infusion Set Expend.	Transfusion Set Repair Expenses	Medicines & Injections	Misc.	Printing & Stationary	Repair & Maint.	Salaries & Allowance	Total Expenditure
Jul-17	469	415,988	633	14,200	-	45,000	900	953,944	-	1,150	960	273,171	1,705,313
Aug-17	573	659,367	657	27,000	-	200	-	649,166	5,280	-	-	299,126	1,640,139
Sep-17	536	439,985	580	8,550	-	-	-	1,090,575	-	6,490	450	293,006	1,839,056
Oct-17	603	464,198	654	6,600	-	-	-	870,121	1,200	3,840	2,250	299,771	1,647,980
Nov-17	434	429,989	624	26,800	-	-	-	883,002	-	710	850	295,281	1,636,632
Dec-17	434	826,429	589	25,320	-	-	-	670,481	-	15,190	-	314,804	1,852,224
Jan-18	614	510,289	629	48,280	-	-	-	948,053	-	-	4,750	300,604	1,811,976
Feb-18	528	469,282	531	24,000	-	-	1,150	897,539	-	-	150	274,617	1,666,738
Mar-18	587	508,713	621	23,585	-	-	-	846,953	-	-	-	292,017	1,671,268
Apr-18	596	494,169	588	16,880	-	-	-	878,577	-	2,000	19,430	291,217	1,702,273
May-18	603	541,900	596	40,300	-	-	-	945,001	-	-	-	302,817	1,830,018
Jun-18	539	612,553	544	18,700	-	-	-	434,483	-	11,750	-	456,169	1,533,655
Total	6,516	6,372,862	6,617	280,215	-	45,200	2,050	10,067,895	6,480	41,130	28,840	3,692,600	20,537,272

ADMINISTRATION AND PLANNING

The department of Administration and Planning has undergone rapid progress this year. A Resource Generation Department has been established headed by a competent manager to support the increasing expenses. This year has been a memorable year due to the following events and campaigns.

- SOCH conducted a tour of PWA for its Students' Volunteer Program on 26th December 2017.
- A voluntary blood donation camp was set up in the 3rd HOPES EXPO on 30th and 31st December 2017.
- Patients' Welfare Association had a promotional stall at OTC EXPO in January 2018 in which we did free blood grouping of the visitors.
- An Orientation was organized for Dowites; batch of 2023 followed by tour of PWA on 9th and 10th January 2018.
- A voluntary blood donation camp was held in the premises of DOW MEDICAL COLLEGE on 24th January 2018.
- A fruitful fund-raising campaign was conducted in the Career Coaching center.
- PWA participated in the DAWN LIFESTYLE EXPO in the month of February 2018.
- Volunteers of PWA conducted a session in BEACON HOUSE COLLEGE in February 2018. We highlighted the importance of volunteerism and promoted our cause.
- An interactive promotional campaign was held at SMS in March 2018.
- In the month of March, a Hepatitis Awareness session was conducted in collaboration with The Health Foundation.

- Patients' Welfare Association had its 37th Annual General Body Meeting on 26th April 2018 in MUIN HALL, DOW Medical College.
- A Thalassemia awareness session was held in May 2018 sponsored by NOVARTIS.
- PWA celebrated Thalassemia day on 8th May 2018 in which various game and activities were arranged for the patients.

A Glimpse of this year's Zakat Campaign that took place in May and June 2018:

- Volunteers of PWA were invited in the Ramadan transmission ITTEHAD RAMZAN GEO TV on 18th May 2018.
PWA had a segment on AAJ TV, RAMZAN HAMARA EMAAN on 19th May 2018.
- Our volunteers had a live Interview on FM 100 on 28th May 2018 in which they highlighted our services.
- On 31st of May 2018, PWA's volunteers went live on MEHMAN RAMZAN KTN TV.
- To promote the services and make appeal for Zakat, PWA was invited in Ramzan transmission of TV ONE, ISHQ RAMZAN on 5th June 2018.
- NEWS ONE welcomed us on their show BARKAT E RAMZAN on 5th June 2018 where we elaborated our services. "RAMZAN KAREEM" with the Thalassemic patients.
- PWA was invited by PTV on 11th June 2018 in their Ramzan transmission RAMZAN PAKISTAN where our volunteers highlighted PWA's cause.
- Our volunteers represented PWA on HUM TV in a morning show JAGO PAKISTAN JAGO on 11th June 2018.

- SAMAA TV was invited on 13th June 2018 to PWA TDC for a Ramzan Transmission
- Social media and print media were used to highlight the services of PWA and make appeals for funds.
- A Blood camp was arranged at GULSHAN-E-MAYMAR in July 2018.
- A voluntary blood donation drive was conducted in SIR SYED COLLEGE in which students and teachers donated their blood in July 2018.
- Our volunteers lead a blood camp at MALIR POLICE HEADQUARTERS in August 2018.
- An awareness session was conducted at BEACON HOUSE SCHOOL where our volunteers talked about the working of PWA.
- Patients' Welfare Association conducted a voluntary blood camp in BAHRIA COLLEGE.
- A blood donation drive held at DAR UL ULOOM was led by PWA.
- A reunion of PWA's Alumni was held in December 2018 in which our Alumni from around the globe participated. We plan to have such reunions annually.

The department is working hard to create awareness among the population regarding Thalassemia and Blood Borne diseases, we plan to increase our reach and work on prevention of Thalassemia in future. We are very grateful to our philanthropic donors and well-wishers for their constant support. May Allah swt help us in promoting our cause and enable us to benefit the suffering mankind to the best of our ability.

Vice President
Administration & Planning

RECORDS AND REGISTRATION

This department of PWA as indicated by the name works to maintain the monthly records of all departments. The goal of the department is to monitor our progress and find where we are lacking in order to improve our quality of services. Moreover, we want to maintain complete transparency so that our donors continue to trust us and support us.

Fully computerized records were maintained in the drug bank and blood bank. In the department of Thalassemia services record of blood transfusions and medications provided to the patients as well as lab investigations was maintained.

Complete record of screening was maintained in the department of Blood Transfusion Services and the donors who were found to be seropositive for Hepatitis B/ Hepatitis C/ Syphilis/ Malaria/HIV were informed.

In the month of Ramazan the department played a major role in fund raising during the Zakat campaign. We would like to thank TCS for their support and help.

It is due to the continuous support of donors that we are able improve the lives of people and make them worth living.

**Vice President,
Record and Registration.**

MESSAGES |





Patients' Welfare Association (Regd.)

REGISTRATION No. DSW (S) 399 OF 1981
Approved by S.R.O. No. CIT/COS.V/2007/404 - Dated 12-07-2006
Dow Medical College & Dr. Ruth K.M Pfau Civil Hospital, Karachi.
G.P.O. BOX NO. 1314. Phone 021-99215740-45 Ext. 5043 Direct Line : 021-32735214, 32715707
Website: www.pwa-chk.org.pk E-mail: pwachk@yahoo.com , info@pwa-chk.org.pk

Ref: _____

Date: 15th April 2019

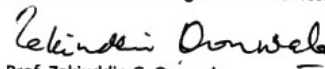
MESSAGE

At the time of its inception, 40 years, PWA seemed like another brave effort with bleak chances of survival. But with the passage of time, PWA has flourished day by day, year by year, from a couple of cupboards full of drugs to a vastly renowned of highly reputed association helping needy and poor patients attending corridors of Civil Hospital, Karachi. All these have been possible because of dedicated volunteers' medical students of Dow Medical College. More impressive is the fact that each year more ambitious new students come forward to volunteer, bringing with them new ideas, destined to take PWA to ever more greater heights. Presently with the ever-increasing demand of medical studies, semester system, research and timely attendance, the students are finding hard to spare time for volunteer work. New strategies are being developed to keep the services of PWA afloat and keep the spirit of PWA alive.

PWA has provided a training ground for students to learn how to run charitable institutions. The students learn how to communicate, how to convince, negotiate with the authorities respectfully, manage the staff including the senior person, like qualified Haematologist, and audit the account. They also learn how to organise big events like 'Bake Sale' and 'School Campaign' to generate funds and spread the message of healthy blood donations. Every year regular audit meeting is held and accounts made public. The account transparencies maintained by student workers of PWA, attract more new donors and earns the continued support of regular ones. After graduation and becoming doctors, PWA workers have imbibed a sense of responsibility to help others and become lifelong volunteers in social charitable work.

It is heartening to note that some of the services provided by the PWA in the past, have been adequately taken over by the hospital authorities and are no longer required. The Drug Bank established in 1979, catering to the patients admitted in CHK has recently been closed down, as the hospital authorities are providing the drugs to the patients admitted in the ward. The TB follow up clinic has also been discontinued, as TB patients are now better looked after at CHK. Hopefully the authorities will further improve the services provided to the patients and PWA students volunteers will continue to contribute their share for the needy and poor patients of CHK.

The good tiding this year is establishment of PWA Alumni on 30th December 2018. The President elected is Dr. Abdul Rehman , no other person then one of the three founding members of PWA 40 years ago. PWA, inshaAllah, will continue to play and expand its services in contributing to look after less privileged members of the society.



Prof. Zakiuddin G. Oonwala
Patron,
Patients' Welfare Association.

PATRON

Prof. Dr. Zakiuddin G. Oonwala
M.B.B.S., F.R.C.S., F.I.C.S.

ADVISORS

Syeda Mahjabeen Fatima
Khizer Rashid Siddiqui
Muniba Aslam

PRESIDENT

Muhammad Darab Zaki Khan

GENERAL SECRETARY

Kainat Abdullah

TREASURER

Khushbakht Karrar

VICE PRESIDENTS

BLOOD TRANSFUSION SERVICES

Hafiz Abdullah

THALASSEMIA SERVICES

Aqsa Tariq

ADMINISTRATION AND PLANNING

Tuba Waseem

RECORDS AND REGISTRATION

Muhammad Hassan

MESSAGES

A non Political D.M.C. Student Activity



Patients' Welfare Association (Regd.)

REGISTRATION No. DSW (S) 399 OF 1981
Approved by S.R.O. No. CIT/COS.V/2007/404 - Dated 12-07-2006
Dow Medical College & Dr. Ruth K.M Pfau Civil Hospital, Karachi.
G.P.O. BOX NO. 1314, Phone 021-99215740-45 Ext. 5043 Direct Line : 021-32735214, 32715707
Website: www.pwa-chk.org.pk E-mail: pwachk@yahoo.com , info@pwa-chk.org.pk

Ref: _____

Date: _____

PRESIDENT'S MESSAGE

PATRON

Prof. Dr. Zakiuddin G. Oonwala
M.B.B.S., F.R.C.S., F.I.C.S.

ADVISORS

Syeda Mahjabeen Fatima
Khizer Rashid Siddiqui
Muniba Aslam

PRESIDENT

Muhammad Darab Zaki Khan

GENERAL SECRETARY

Kainat Abdullah

TREASURER

Khushbakht Karrar

VICE PRESIDENTS

BLOOD TRANSFUSION SERVICES

Hafiz Abdullah

THALASSEMIA SERVICES

Aqsa Tariq

ADMINISTRATION AND PLANNING

Tuba Waseem

RECORDS AND REGISTRATION

Muhammad Hassan

Patients' Welfare Association (PWA) is much more than just an organization, it is a family of enthusiastic and ardent volunteers from Dow Medical College who are willing to give their time to decrease the sufferings of patients of Dr Ruth K. M. Pfau Civil Hospital Karachi. Serving for 40 years, I'm proud to announce that Patients' Welfare Association is the only student run body which is Sharia'h Compliant.

One of the recent milestones achieved is the establishment of Human Resource Department and Resource Generation Department.

As a non-profit health care system, we invest our resources and strive continually to enhance our facilities and services to meet the needs of everyone we serve. Since Civil Hospital has started providing medicines to the patients, PWA has discontinued the service of drug bank and has directed its resources towards the growth of blood bank and which is the only blood bank of Civil Hospital Karachi and our thalassemia services.

Our staff and our volunteers work hard to further improve our quality of care. We pledge to strive harder than ever to achieve excellence in all we do, 24 hours a day, seven days a week.

In the end, I would like to request all our well-wishers to continue supporting us in our goal of provide quality services to patients.

Muhammad Darab Zaki Khan,
President,
Patients' Welfare Association.



Patients' Welfare Association (Regd.)

REGISTRATION No. DSW (S) 399 OF 1981
Approved by S.R.O. No. CIT/COS.V/2007/404 - Dated 12-07-2006
Dow Medical College & Dr. Ruth K.M Pfau Civil Hospital, Karachi.
G.P.O. BOX NO. 1314. Phone 021-99215740-45 Ext. 5043 Direct Line : 021-32735214, 32715707
Website: www.pwa-chk.org.pk E-mail: pwachk@yahoo.com , info@pwa-chk.org.pk

Ref: _____

Date: _____

MESSAGE

It is always a great pleasure to write a message for the Annual Souvenir on the occasion of Patients' Welfare Association's Annual General Body Meeting. PWA has been, and continues to be a big part of my life. This organization provides Dowites the opportunity to discover within themselves the spirit of selfless giving.

The most valuable assets of this wonderful organization are its volunteers and staff who work endlessly and with utmost dedication to serve the underprivileged, and the donors whose generous support has allowed us to come this far.

PWA will always have a special place in my heart and my prayers are with this organization and its noble mission. May it continue to serve humanity for many more years to come. Ameen!

Prof. Abdul Bari Khan,
Secretary,
Boards of Governors,
Patients' Welfare Association.

PATRON

Prof. Dr. Zakiuddin G. Oonwala
M.B.B.S., F.R.C.S., F.I.C.S.

ADVISORS

Syeda Mahjabeen Fatima
Khizer Rashid Siddiqui
Muniba Aslam

PRESIDENT

Muhammad Darab Zaki Khan

GENERAL SECRETARY

Kainat Abdullah

TREASURER

Khushbakht Karrar

VICE PRESIDENTS

BLOOD TRANSFUSION SERVICES

Hafiz Abdullah

THALASSEMIA SERVICES

Aqsa Tariq

ADMINISTRATION AND PLANNING

Tuba Waseem

RECORDS AND REGISTRATION

Muhammad Hassan

MESSAGES

A non Political D.M.C. Student Activity



**Medical Superintendent
Dr. Ruth K. M. Pfau
Civil Hospital Karachi**

Civil Hospital
Baba-e-Urdu Road,
Karachi - 74200
Phone : 021-99215759
PABX : 021-99215740-45
Ext : 1001-1002
Fax : 021-99215733

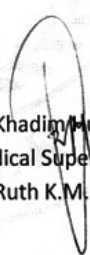
MESSAGE

I am honored and privileged to write a message for the Souvenir 2018 of PWA, Dow Medical College & Dr. Ruth K. M. Pfau Civil Hospital Karachi.

It is gratifying to note that, since its inception in the year 1979, PWA has continued to contribute immensely in improving the healthcare and well being of the Pakistani population by playing an active role in the area of blood transfusion, up-gradation of screening technology and the thalassemia services. The organization is becoming an instrument in bringing a true transformation of heart, to beat in the spirit of devotion. Their commitment to extend services to the patients of Dr. Ruth K. M. Pfau CHK Hospital, with no compromise on standards, for such a long time is indeed highly commendable and noteworthy.

As I look ahead, I can visualize that the PWA will grow in pursuit of even higher standards in the services of humanity, through facilitation in treatment of health problems. I hope they will continue to strive for excellence in the future as they have continued to do so in the past.

I extend my heartiest felicitation to all those associated with PWA and wish them all success in the future.


Dr. Khadim Hussain Qureshi,
Medical Superintendent,
Dr. Ruth K.M. Pfau Civil Hospital, Karachi.



OFFICE OF THE PRINCIPAL
DOW MEDICAL COLLEGE & DR. RUTH PFAU CIVIL HOSPITAL, KARACHI
Baba-e-Urdu Road, Karachi, Pakistan ☎ 99215732 Facsimile 99216027 E-mail: p.dmc@duhs.edu.pk

DMC/P.OFF/2019/

Dated 30th March, 2019

Message

It gives me immense satisfaction to write this message for the annual souvenir of Patients' Welfare Association (PWA).

PWA has all along been upholding a "patient-oriented" approach, striving to provide, especially to the poor patients, a wide range of welfare services like Blood transfusion, Drug bank, Thalassemia services and so on. This is highly praiseworthy.

As Principal of DMC, I feel very proud that Dowites have been maintaining this excellent welfare society continuously for the last 40 years. This is unmatched to any other medical college of the country. One feels even happier that PWA is growing every year. The role of Donors is also applauded.

Our students' efforts need lot of commendation and whole-hearted support of our administration and alumni. Services rendered by PWA have inspired many people looking for the right path amidst the chaos and confusion in today's materialistic world


Prof. Kartar Dawani
Principal

MESSAGES

Appeal

“The best way not to feel hopeless is to get up and do something. Do not wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope. No one has ever become poor by giving. There is no exercise better for the heart than reaching down and lifting people up.”

TEAM PWA



**PATIENTS' WELFARE ASSOCIATION
CABINET 2017-2018**

PATRON	Prof. Dr.Zakiuddin G.Oonwala M.B.B.S., F.R.C.S.(Ed), F.I.C.S.(Hon)
ADVISORY COMMITTEE	Sumraa Siddiq Patel Ifrah Hambal Anosha Muhammad Aslam
PRESIDENT	Syeda Mahjabeen Fatima
GENERAL SECRETARY	Khizer Rashid Siddiqui
TREASURER	Muniba Aslam

BLOOD TRANSFUSION SERVICES

VICE PRESIDENT	Kainat Abdullah
-----------------------	-----------------

DRUG BANK

VICE PRESIDENT	Sheikh Muhammad Ebad Ali
-----------------------	--------------------------

ADMINISTRATION & PLANNING

VICE PRESIDENT	Muhammad Darab Zaki Khan
-----------------------	--------------------------

RECORDS & REGISTRATION

VICE PRESIDENT	Saiyeda Mahin Fatima
-----------------------	----------------------

**PATIENTS' WELFARE ASSOCIATION
CABINET 2018-2019**

PATRON Prof. Dr.Zakiuddin G.Oonwala
M.B.B.S., F.R.C.S.(Ed), F.I.C.S.(Hon)

ADVISORY COMMITTEE Syeda Mahjabeen Fatima
Khizer Rashid Siddiqui
Muniba Aslam

PRESIDENT Muhammad Darab Zaki Khan

GENERAL SECRETARY Kainat Abdullah

TREASURER Khushbakht Karrar

ASSOCIATE TREASURER Muhammad Umair

BLOOD TRANSFUSION SERVICES

VICE PRESIDENT Hafiz Abdullah

DIRECTOR Hammad Shah
Ushna Sunain Ansari



THALASSEMIA SERVICES

VICE PRESIDENT	Aqsa Tariq
SENIOR DIRECTOR	Kiran Shafiq Khan
DIRECTOR	Shadmah Khan
	Sarah Anis
	Mahwish Binte Sultan

ADMINISTRATION & PLANNING

VICE PRESIDENT	Tuba Waseem
DIRECTOR	Fatima Karrar
	Aimen Bari

RECORDS & REGISTRATION

VICE PRESIDENT	Muhammad Hassan
SENIOR DIRECTOR	Javeria Munir
DIRECTOR	Areeba Rehman
	Saad Khalid

BOARD OF GOVERNORS

- Prof. Zakiuddin G. Oonwala (Patron)
- Dr. Abdul Bari Khan (Secretary)
- Dr. Arif Akhai
- Dr. Haji Saleem
- Dr. Hanif Chatni
- Dr. Asif Hafeez
- Dr. Amir Haleem
- Dr. Kamran Ahmad Shakeel
- Dr. Sheeraz ur Rehman
- Mr. Siddiq Sheikh
- Mr. Tariq Shafi
- Dr. Iqbal Noor Mohammad
- Dr. Sharif Chaudry

LIFE MEMBERS

1. Dr. C. W. Vellani
2. Dr. Mushtaq Ahmed
3. Dr. Abdul Rehman
4. Dr. Inayat Hussain Thaver
5. Dr. Iqbal Noor Mohammad
6. Mr. Wajid (Late) (Faruq Ali & Co.)
7. Mr. Shahid Waris
8. Mr. Zafrul Hussain
9. Prof. Razia Latif Ansari (Late)
10. Dr. Yousuf Jan Mohammad
11. Dr. Amin Suleman
12. Dr. Natasha Mirza
13. Dr. Hanif Yousuf
14. Dr. Arif Akhai
15. Dr. Mohammad Saleem
16. Dr. M. Iqbal Siddiq
17. Prof. Mohammad Sharif Chaudry
18. Dr. Haji Saleem
19. Dr. Mohammad Hanif Siddiq
20. Dr. Bashir Jan
21. Dr. Nisar Hashmani
22. Dr. Abdul Bari Khan
23. Dr. Ahmed Ali
24. Dr. Asif Hafeez
25. Dr. Shabbir Jauhar
26. Dr. Haleem Jawed
27. Dr. Khalid Rasheed Makhdoomi
28. Dr. Seema Naheed
29. Dr. Amin Chinoy
30. Dr. Nadeem Patel
31. Dr. Maqbool Ahmed Mughal
32. Dr. Omer Hashmat Lodhi
33. Dr. Mohammad Ayaz Ahmed
34. Dr. Abdul Hafeez
35. Dr. Jabeen Zahid
36. Dr. Mohammad Sirajuddin
37. Dr. M. Shahid Umer
38. Dr. Arsalan Ahmed
39. Dr. Fauzia Hasnain Naqvi
40. Dr. Haji Ibrahim
41. Dr. Saquib Mohammad
42. Dr. Gulrukh Ahmed
43. Dr. Saleem Akhtar Aziz
44. Dr. Shahnawaz Meer
45. Dr. Naeem Akhtar Qureshi
46. Dr. Tariq Bin Irfan
47. Dr. Imran Shaukat
48. Dr. Bushra Shirazi
49. Dr. Ahsan Raza Mehmood
50. Dr. Syed Taqi Hassan
51. Dr. Altaf Hussain Khatri
52. Dr. Mukhtar Ahmed Uquaili
53. Dr. Syed Adnan Ahmed
54. Dr. Amir Haleem
55. Dr. Mukesh Kumar
56. Dr. Syed Zubair Hussain
57. Dr. Adeel Ahmed Siddiqui
58. Dr. Ajaz Ahmed
59. Dr. Waris Ahmed
60. Dr. Faheem Ahmed Shamsi
61. Dr. Samia Khanum
62. Dr. Osaid Khalid
63. Dr. Nazia Sara Khan
64. Dr. Farah Rathore
65. Dr. Sadia Pervez
66. Dr. Sitwat Butt
67. Dr. S.Kamran Ahmed Shakeel
68. Dr. Sadaf Saeed
69. Dr. Zabab Zubair
70. Dr. Raza Rathore
71. Dr. Anil Lal
72. Dr. Mohammad Mazhar Afzal

LIFE MEMBERS

73. Dr. Syed Ghazanfar Hussain
74. Dr. Zohair Karamally
75. Dr. Asif Loya
76. Dr. Azmeh Shahid
77. Dr. Spenta J. Kakalia
78. Dr. Salman Arshad Lari'
79. Dr. Faisal Azam Chohan
80. Dr. Lamiya Adib Rizvi
81. Dr. Mariam Hadi Syeda
82. Dr. Imran Ahmed Baloch
83. Dr. Aamir Azeem
84. Dr. Fatima Naz
85. Dr. Syed Mohammad Tariq
86. Dr. Bilal Hameed
87. Dr. Safia Hina Shams
88. Dr. Almas Amin
89. Dr. Nausheen Riaz
90. Dr. Javeria Farooqui
91. Dr. Ata-ur-Rehman
92. Dr. Nazih Sawant
93. Dr. Muhammad Zeeshan Aslam
94. Dr. Muhammad Shabi Ahmed
95. Dr. S.Muhammad Umair Sajid
96. Dr. Najeeb Ahmed
97. Dr. Maria Rasool
98. Dr. Muneer Ahmed Junejo
99. Dr. Syed Noman Zaheer
100. Dr. Abdul Momin Kazi
101. Dr. Fatima Shamim
102. Dr. Mariam Idriss
103. Dr. Syed Farjad Sultan
104. Dr. Asif Rasheed
105. Dr. Masooma Zaidi
106. Dr. Samreen Muzaffar
107. Dr. Syed Sheeraz-ur-Rehman
108. Dr. Farrukh Jabbar
109. Dr. Ghazala Perveen
110. Dr. Hina Siddiq
111. Dr. Shagufta Perveen
112. Dr. Haris Rauf
113. Dr. Farhan Zafar
114. Dr. Naila Khatri
115. Dr. Kamran Adil Jaffre
116. Dr. Nadeem Ahmed Siddiqui
117. Dr. Haris Mirza
118. Dr. Umer Khan
119. Dr. Mariam Tariq
120. Dr. Wajiha Hussain
121. Dr. M. Shoaib Khan
122. Dr. Umair Irshad
123. Dr. Omer Wasim Hashmi
124. Dr. Bilal Mazhar Qureshi
125. Dr. Amber Sami
126. Dr. Sobia Rafi
127. Dr. Fazal Wahab Khan
128. Dr. M. Bilal Masood Khan
129. Dr. Sidra Abbas
130. Dr. Yasir Yousuf Khan
131. Dr. Quratulain Tasleem
132. Dr. Yabinda Sahrish
133. Dr. Naila Sehar Rafiq
134. Dr. Muhammad Hasan
135. Dr. Komal Baloch
136. Dr. Muhammad Adil Khatri
137. Dr. Muhammad Sohaib
138. Dr. Muneebuddin Karim
139. Dr. Samra Shoaib
140. Dr. Misbah Ashfaq
141. Dr. Adila Chaudhry
142. Dr. Ahmed Salman
143. Dr. Qazi M. Usman Zafar
144. Dr. Asma Akram
145. Dr. Kiran Aftab
146. Dr. M. Wasiq Paracha

HONORARY MEMBERS

1.	Dr. Jawaid Sami	1992
2.	Dr. Salman Kidwai	1992
3.	Dr. Mukarram Ansari	1992
4.	Dr. Shazia Zaman Khan	1992
5.	Dr. Khalid Musheer	1992
6.	Dr. Sohail Khurram	1993
7.	Dr. Munzir	1993
8.	Dr. Mohammad Naeem	1993
9.	Dr. Arshad	1993
10.	Dr. Yousuf Mehta	1993
11.	Dr. Saima Sharif	1994
12.	Dr. Mazhar Afaq	1994
13.	Dr. Dorab Anklesaria	1994
14.	Dr. Iqbal Soomro	1994
15.	Dr. Asghar Minhas (Late)	1994
16.	Dr. Amir Taj	1994
17.	Dr. Mussarat Malik	1994
18.	Dr. Fauzia Salahuddin	1994
19.	Dr. Asif Aziz	1994
20.	Dr. Tariq Sarfaraz Tanoli	1995
21.	Dr. Atif Rasheed	1995
22.	Dr. Naima	1995
23.	Dr. Sadia Zaki	1995
24.	Dr. Azam Cheema	1996
25.	Dr. Sohailia Khatain	1996
26.	Dr. Imran Ahmed Khan	1996
27.	Dr. Irfan Hussaini	1996
28.	Dr. Nausheen Iqbal	1997
29.	Dr. Naheed Maher	1997
30.	Dr. Mehwish Kanwal	1998
31.	Dr. Nighat Hameed	1998
32.	Dr. Nadia Badr	1999
33.	Dr. Sharmina Ambreen Zaidi	1999
34.	Dr. Rabia Shah	2000
35.	Dr. Sadia Shaukat	2000
36.	Dr. Syed Mohammad Rizwan	2000
37.	Dr. Asfar Nafees Alam Hanif	2001
38.	Dr. Adeel Nasir	2001
39.	Dr. Naveed Ishaq	2001
40.	Dr. Shanil Kadir	2001
41.	Dr. Syed Qarim Raza	2001
42.	Dr. Mateen-ur-Rehman	2002
43.	Dr. Shehnaila Zia	2002

HONORARY MEMBERS

44.	Dr. Saqib Ghani	2002
45.	Dr. Maisam Abbas	2002
46.	Dr. Saadia Bilal	2003
47.	Dr. Mansoor Nawaz Chaudhry	2003
48.	Dr. Mariam Sattar	2004
49.	Dr. Afshan Hilal	2005
50.	Dr. Nazish Khatri	2005
51.	Dr. Adeela Khatian	2005
52.	Dr. Basma Aman	2005
53.	Dr. Sana Monis	2005
54.	Dr. Hira Tariq	2006
55.	Dr. Zeeshan Aslam	2007
56.	Dr. Umaira Alauddin	2007
57.	Dr. Muhammad Farooq Shah	2008
58.	Dr. Gul-e-Rana Liaquat	2008
59.	Dr. Sania Muzaffar	2009
60.	Dr. Saba Fatima	2009
61.	Dr. Wajiha Waqar	2009
62.	Dr. Zehra Kazmi	2010
63.	Dr. Zunaira Rafique	2010
64.	Dr. Qurat ul Ain Naqvi	2011
65.	Dr. Sunil Arjan	2011
66.	Dr. Maheen Saifullah	2011
67.	Dr. Nashrah Umair	2011
68.	Dr. Ayesha Khan	2012
69.	Dr. Hiba Asad	2012
70.	Dr. Saqib Kamran Bakhshi	2013
71.	Dr. Fabiha Ghulam Muhammad	2013
72.	Dr. Sidra Wasim Hashmi	2013
73.	Dr. M. Tayyab H. Siddiqui	2013
74.	Dr. Zainab Khomusi	2013
75.	Dr. Rabeeka Aftab	2014
76.	Dr. Hiba Khan	2014
77.	Dr. Saad Shakil	2014
78.	Dr. Abdul Nafay Kazi	2015
79.	Dr. Afaf Anis	2015
80.	Dr. Amber Waqar	2015
81.	Dr. Rimsha Ashqeen	2015
82.	Dr. Munira Murtaza Khomusi	2016
83.	Dr. Ume Aimen Siddiqui	2016
84.	Dr. Saira Gull Rukh	2016
85.	Dr. Kehkashan Irfan	2016

VOLUNTEERS' SECTION



VOLUNTEERS' PERSPECTIVE

“

Volunteering for PWA feels like a very tangible contribution to a positive change. I remember being assigned the task to dispatch medicine to some patients and one of the women got teary eyed as she embraced me. It was humbling to realize that our work could make such a difference in somebody's life. I am grateful to PWA not just for giving me the opportunity to do good but also introducing me to some of the more amazing people at DOW. May PWA continue to grow and prosper!

**Rameesha Qutubuddin
D'23.**

”

“

Giving is not about just making donation. It's about making a difference, and
**TOGETHER
WE CAN MAKE
A DIFFERENCE**

-Maanak Asif D'24

”

“

Volunteering in PWA has taught me to be grateful for the things we take for granted in life and widen our perspective on how lucky we are to be us. And I learned that giving is not just making donation, it is about making difference.

Bang Jihyeon D22

”

“

Working in PWA is one of the most amazing experiences in my life so far. It has made a more positive person with an optimistic approach towards challenges of this materialistic world.

"The best way to find yourself is to lose yourself in service of others."

I truly understood the meaning of this when I served humanity through the platform of PWA. I pray for my second home, my organization-PWA-that it may grow stronger with every passing day.

Ameen!

-Nimra Shaikh -D22

”

“

Every moment spent here in PWA feels like a new opportunity to serve for the betterment of the society and to help the needy people who are not as blessed as we are

-Yusra Shahid D'23

”

“

Being a PWA volunteer is a blessing in disguise. Volunteering has not only taught me to be grateful for the things I've taken for granted, but it has also widened my perspective on how lucky I am for the life that I have -

Areeba Rehman D'22

”

“

My life before volunteering PWA was good but lacked something. And that missing part was empathy, care and compassion that PWA gave me. Serving for PWA has always been an honor for me and I am blessed to be part of such an organization

-Ramish Sumbal D'23

”

“

What is PWA, I really don't know how to define it because for me it is not just an NGO, it is the name of a feeling.

Muhammad Umair D22

”

“ PWA has a special place in my heart. I never thought that I would have this wonderful opportunity of working for such a cause and sharing this experience with the amazing, hard working people of the PWA family just few months after entering Dow. Loved every minute of it and still got a long way to go.
-Meerab Fatima D'24 ”

“ Giving your time to others is the best gift you can give. Volunteering for PWA made forget my own problems when I think of the pain thalassemia children go through every day. Being a part of PWA shaped my life to a better path!!!
Sohair Saleem D'23 ”

“ PWA not only provides blood transfusion, medicines and treatment to the needy ones but is also a source of spreading smiles and happiness. Volunteering for this amazing cause has helped me grow as a person and proved to be an incredible platform for my inner satisfaction and peace. To be a part of this organization is indeed a blessing, Alhamdullilah
-Aiman Bari, D22. ”

“ PWA is the organization which provides for all necessary needs of the patients of CHK -
Abdul Rafay D23 ”

“ Serving PWA gives me the feeling of being a good human. Being the reason of hope for a thalassemic kid is what keeps me going
-Uooja Vinod D'23 ”

“

Patients' Welfare Association is an amazing NGO with hard working and dedicated volunteers. My experience working with PWA is phenomenal. The best thing about PWA are the volunteers here who work together like a family. PWA helped me realize that real purpose of life and medical profession is to serve the humanity and underprivileged people. Thank you PWA for bringing out the best in me and helping me to become a better individual who cares

for people.
Javeria Noor D' 24

”

“

We make a living by what we get, but we make a life by what we give because a life lived for others is a worth living. ALHUMDULILAH PWA has given me this opportunity to serve humanity. It has helped me to become a better person. I am proud to be a part of PWA and pray that it grows stronger every day.

AMEEN!

FAIZA IHSAN D'24

”

“

Alhamdulillah it's an honor for me to be the part of PWA. We should stay away from people who try to belittle our ambitions, small people do that but great people make you feel that you can become great. There are many such people to encourage you in PWA. When you fill your heart with positive thoughts your life start to change. My life changed too after I joined PWA, whose main motive is to serve humanity. Keep calm and volunteer! -D'24 Usama Idrees

”

“

The sole meaning of life is to serve humanity and PWA provides us a platform where we can serve humanity at its best. Working for this cause is always a great pleasure -

Urooba Tanweer D'22

”

BLANK SLATE

I know there are hard times,
When you come to know all realities and lies;
It's the time you feel you'll sink,
But there are more chances to ace it than you think.
Because it's always your thoughts that keeps you alive
Your perception of things always brings you to life.
You must have survived plenty of storms,
But do you know what made you so strong?
It's the image of you that your mind has made,
But what if it all fades.
You break when you come to know it is fake,
And your life becomes a blank slate.
The things that you have done all these years,
Suddenly they all start to scare.
You are standing alone on the road,
You don't know how to handle this load.
It's the time you have to show the strength,
You have to be firm and take the stand,
You should know the importance of that blank slate,
As you can have whatever you want on your plate...

Aqsa Jawed-D'22



MOTIVATION

"What motivates you to work for PWA?" I have been asked this question many a times by my family, my parents, even batch mates and seniors. It is a reasonable question, why would a medical student invest her study hours working for an NGO without getting anything in return, no payment, no extra viva marks, no raise in CGPA, not even a certificate, then why? We could use this time preparing for PLAB, USMLE or at least for the upcoming semester instead of calling pharmaceutical companies and potential sponsors for thalassemic patients. Why do we arrange blood camps and fundraising campaigns when our whole syllabus with all its heftiness remains to be covered.

According to Shakespeare "Life is a stage" .If you're a public speaker or writer you might know what having a bunch of trophies, accolades, awards feels like, but do those trophies give you anything? Not really because all that remains worthless unless you bring a change to your society.

But speaking or writing for Patients' Welfare Association, does give you something, it's the inner satisfaction of utilizing your abilities on the real world stage.

In PWA you get a chance to utilize and polish your various skills of management and social interaction, not as a purposeless activity but rooted deeply in the true aim of serving humanity which has been the underlying foundation of PWA for the past four decades.

PWA is not merely an NGO working for needy patients ; it's a place volunteers call home, a place where many responsible doctors and philanthropic individuals are brought up. In the past year of volunteering at PWA, I can definitely say that it's a place which gives you more than what you give to it, experience of working within and sometimes beyond your capacity discovering yourself, real life learnings, awareness, and a platform to add to your good deeds and get lots of du'aa and wishes.

Being a part of PWA is a privilege which I as a DOWITE get to enjoy, its a legacy which has been passed on to me by my seniors and a wonderful opportunity to grow for all the volunteers.

Noor-ul-Elmah Hasan-D'23



Areeba Rehman

TAKE THE LEAD

It's blood they want, it's the blood they need.

Come on, donate a little of yours, come take the lead.

It's not just giving, it's an act of life saving,

Living for others is indeed worth living.

It's the money they want, it's the money they need,

Come on donate some, be the first take the lead.

Money can fulfill their requirements and necessities,

Their thankful eyes will put your heart at ease.

Helping others is the best virtue,

Success of both worlds will surely come to you.

Zian Khan -D'24

PURSUIT OF PEACE

Let's focus on the opportunity,
Let's forget about the misery,
Let's talk about the beauty,
Let's hear the morning melody,
Let's pour the love gently,
Let's pure the heart's hypocrisy,
Let's put aside the insecurity,
Let's appreciate the positivity.

Javeria Munir D21



*Be a man of words... Not everyone will understand you
But, the ones who do... will never forget about you!*

تھیلیسیمیا ڈے کیئر سینٹر:

PWA کے زیر انتظام دوسرا اہم شعبہ تھیلیسیمیا ڈے کیئر سینٹر (TDC) ہے جو کہ سول ہسپتال میں موجود ماضی کے تھیلیسیمیا فالو اپ کلینک کو ترقی دے کر سن 2011 میں قائم کیا گیا۔

فی الوقت بھی یہاں تھیلیسیمیا کے قریباً 265 مریض رجسٹرڈ ہیں جہاں انہیں نہایت قابل ماہر دمویات (Haematologist) کی زیر نگرانی انتقال خون (بلڈ ٹرانسفیوژن)، ادویات، بلڈ ٹیسٹ وغیرہ جیسی تمام سہولیات بلا معاوضہ فراہم کی جاتی ہیں۔ تھیلیسیمیا کے معالجے کا فی مریض سالانہ خرچہ تقریباً دو سے پانچ لاکھ ہے اور اس بیماری سے لڑنے والے بیشتر مریض غریب خاندانوں اور پسماندہ علاقوں سے تعلق رکھتے ہیں جن کے علاج کا مکمل خرچہ PWA اپنے کرم فرما ٹیئر حضرات کے تعاون سے اٹھا کر، ان مستحق مریضوں تک بلا معاوضہ سہولیات کی فراہمی کو یقینی بناتا ہے۔

ان تمام تر خدمات کو یہ ادارہ غریب مریضوں کی فلاح کی خاطر بالکل مفت فراہم کرتا ہے۔ جس کیلئے اس غیر سرکاری، غیر سیاسی تنظیم کا کل سالانہ بجٹ تقریباً نو کروڑ روپے ہے۔ ایسی خطیر رقم اکٹھی کرنا، مزید کہ انتظامی صورتحال کو سنبھالنے کی ذمہ داری کو بحسن و خوبی نبھانا ایک ایسا فرض ہے کہ جسکی ادائیگی بحیثیت طالب علم نہایت مشقت آمیز ہے۔ اس سلسلے میں طلبہ اپنا قیمتی وقت سینئر ساتھیوں کی رہنمائی میں صرف کرتے ہیں۔ اس مد میں رضا کار طلبہ کے تحت چلائی جانے والی زکوٰۃ کمپینز، ڈونیشن کمپیس، بلڈ ڈونیشن، ڈراؤز اور ریگولر ڈونرز کی معاونت ہی کا فرما ہے۔ یہ ہمارے باقاعدہ ڈونرز اور اسپانسرز کا اعتماد اور رضا کار طلبہ کی محنت اور بے لوث کاوش ہی کا نتیجہ ہے کہ یہ ادارہ گزشتہ 40 برس سے عوام الناس کی خدمت میں پیش پیش، ضرورت مند مریضوں کی فلاح و بہبود کیلئے نہایت دل جمعی کیساتھ کوشاں ہے اور اپنے سالانہ بجٹ کیلئے ضروری رقم اکٹھی کر پاتا ہے۔

نیک نیتی، خدمت خلق کا بے لوث جذبہ، انسانیت اور رضائے الہی کا حصول وہ اہم ترین عوامل ہیں جو ان رضا کار طلبہ کو اپنے راستے میں آنے والی تمام تر رکاوٹوں کا سامنا کرنے اور ان سے نمٹنے کیلئے ایندھن کا کام کرتے ہیں لیکن یہ سب کچھ خون کے عطیہ دہندگان اور ٹیئر حضرات کے مالی تعاون کے بغیر ناممکن ہے۔ اسی لئے فنڈز اور خون کے عطیات کی کمی کی صورت میں موجود رکاوٹوں سے لڑنے کیلئے PWA کو ہر وقت آپ کی مدد کی ضرورت ہوتی ہے تاکہ یہ ادارہ گزشتہ چالیس برسوں کی طرح خدمت کے اس سفر میں روز افزوں ترقی کرتا رہے۔

تعارف

پیشٹنس ویلفیئر ایسوسی ایشن ایک غیر سیاسی، غیر سرکاری ادارہ ہے جو کہ گزشتہ قریباً چالیس برسوں سے سول ہسپتال کراچی سے متصل ڈاؤمیڈیکل کالج کے طلبہ کی زیر نگرانی کراچی بھر اور خصوصاً سول ہسپتال، کراچی کے ضرورت مند مریضوں کی بے لوث اور بلا معاوضہ خدمت کر رہا ہے۔

اس تنظیم کی ابتدا 1979 میں جذبہ انسانیت سے سرشار ڈاؤمیڈیکل کالج کے تین طلباء نے سول ہسپتال کراچی میں مفت ادویات فراہم کرنے والے ایک چھوٹے سے کیمپس سے کی۔

اس ادارے کی زیر سرپرستی فی الوقت دو اہم ترین شعبہ جات فعال ہیں۔ کچھ عرصہ قبل تک یہ تین شعبے تھے جن میں اولیس اور بنیادی حیثیت رکھنے والا Drug Bank سب سے اہم تھا۔ PWA کے اس ڈیپارٹمنٹ کے ذریعے سول ہسپتال کے مریضوں کو مفت ادویات فراہم کی جاتی تھیں۔ PWA کے بانی ممبران نے خدمت خلق کا باقاعدہ آغاز اسی شعبے سے ایک کیمپس کی صورت میں کیا تھا لیکن گزشتہ برس سے سول ہسپتال کراچی میں مریضوں کو مفت ادویات میسر ہیں اور پیشٹنس ویلفیئر ایسوسی ایشن ان عوامل پر کام کرتا ہے جن میں حکومتی معاونت عدم موجود ہے۔ چنانچہ پیشٹنس ویلفیئر ایسوسی ایشن نے اپنا ڈرگ بینک بند کر دیا اور اب صرف باقی دو شعبوں کے ذریعے خدمت خلق کے اس سفر میں ترقی کی جانب رواں دواں ہے۔

بلڈ بینک:

1982 میں قائم شدہ PWA کا اہم ترین حیثیت کا حامل شعبہ PWA Blood Bank ہے جو کہ تمام کراچی میں خون کی مختلف بیماریوں میں مبتلا مریضوں اور ہنگامی صورتحال میں خون کی سخت ضرورت کا سامنا کرتے لوگوں کو (Chemo Luminescent CLIA (Immuno Assay ٹیکنالوجی سے جانچا ہوا صاف خون فراہم کرتا ہے۔ یوں اس بلڈ بینک سے روزانہ کی بنیاد پر فراہم کئے جانے والے اوسطاً تین سو بلڈ بیگز (جن میں خون کے اجزاء Platelets, Packed Cell, Fresh Frozen Plasma شامل ہیں) WHO کے طے کردہ ضوابط کے عین مطابق ایڈز، ہیپاٹائٹس بی (کالایرقان)، ہیپاٹائٹس سی، آتشک (Syphilis) اور ملیریا کے جراثیم سے پاک ہوتے ہیں۔ شہر بھر میں سالانہ ایک لاکھ کے قریب بلڈ بیگز کی ضرورت بلا معاوضہ پوری کرنے کی یہ خدمت PWA Blood Bank انجام دیتا ہے جس کیلئے مالی معاونت کے ساتھ ساتھ خون کے عطیات حاصل کرنے کیلئے ادارے کی جانب سے گاہے بگاہے جامعات، دفاتر اور مختلف مقامات پر بلڈ کیسپس منعقد کیے جاتے ہیں۔

EPILOGUE

**Life's good when it is lived for one's self;
it is great when lived for others.**

**It is one of the principles of our faith
to help our fellow human beings.**

**PWA aims to help the needy people and
has achieved a milestone in providing remarkable
services to the destitute patients of Civil hospital.**

**When illness strikes, it inevitably brings physical,
emotional and psychological stress for
the patient as well as his or her loved ones.**

**Your little contribution can give someone
a reason to smile in the midst of darkness.**

**Playing such a part in someone else's life
is itself a privilege.**

**Become a part of PWA because alone
we can do so little, but together
we can do so much.**